2022 Refractive Update: Advances in Presbyopic and Corneal Procedures

COPE# 78910-PO

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Optometric Comanagement

- · High quality eye care
- Benefits to patient care
 - Patient comfort
 - Patient convenience
 - Efficiency
 - Cost effective
- Utilize skills and expertise of each practitioner

Disclosures - Walter O. Whitley, OD, MBA, FAAO has received consulting fees, honorarium or research funding from:

- Aerie: C, S
 Alcon: C, S
- J&J Vision: C
 Kala: C
 Mediprint Pharma: C
- Alcon: C, S
 Allergan: C, S
- Astareal: C
 Azura: C
 Bausch and Lomb: C, S
- Biotissue: C, SBruder: CCarl Zeiss Meditec: C
- Dompe: Consultant
- Dry Eye Coach Medical Editor
 Eyevance: C, S
- Glaukos: C • Heru: C, R
- Heru: C, R

 Horizon: C
- I-MED Pharma: C

- Novartis: C, S

 Ocusoft: C, S

 Ocular Therapeutix: C

 Oyster Point: C
- Quidel: C • Regener-Eyes: C
- CollaborativeEye Co-Chief Medical Editor
 Review of Optometry Contributing Editor
 - Science Based Health: C, S
 Sight Sciences: C
 - Sun Pharmaceuticals: C, S
 Tarsus Pharmaceuticals: C
 - TearLab Corporation: C
 - Vertical Pharmaceuticals: C
 - Visus Pharmaceuticals: C

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Today's Optometrists

"To be on the cutting edge of optometry, you need to be on the cutting edge of science and technology."

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Presbyopes 2019 2024

US 128.7 M 136.5 M presbyopes a year in U.S.

23 B by 2023

Presbyopes 2019 2024

US 128.7 M 136.5 M presbyopes a year in U.S.

Contributing Factors:

Aging population

Longer life expectancies

Longer Working Careers

Near Vision needs

Growing Middle Class in emerging markets

Why Is This Important For Optometry?

- 4 out of 5 patients diagnosed with a cataract are done so by an optometrist
- Optometrists are the "gatekeepers" to cataract referrals and ATIOLs
- Referring O.D.'s must discuss all IOL options and educate patients about cataract and treatment options

Patient Education

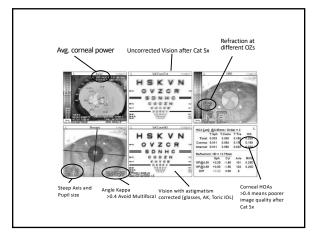
- Elements of effective education
- Explain the condition
- Cataract
- Astigmatism
- Presbyopia
- Four presbyopic IOL classifications
 - Diffractive
 - Accommodating IOLs
 - Extended Depth of Focus IOLs (EDOF)
 - Trifocal

Expect (Avoid) the Unexpected!

- Pre-op for Lifestyle IOLs
 - Topography, ocular surface testing
 - Macular OCT
 - Reliable biometry, reproducible astigmatism measurements
- Under promise and over deliver for ATIOLs
 - Emphasize need for +1.00 readers for near tasks ***
 - Discuss starbursts around lights at night

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Preparation for Ocular Surgery

- Optimize the Ocular Surface
- Normalize the Lids
- Prepare the Cornea
- Eliminate Intra-ocular Inflammation
- Control Glaucoma
- Satisfy the Macula
- Evaluate the Retinal Periphery
- Patient Education





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Dry Eye Disease

- Chair time: blurred vision from cataracts versus DED
- · Cataract sx can worsen DED for months after surgery
- Quality of vision may require chronic DED therapies





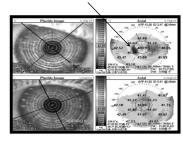
Prevalence of ocular surface dysfunction in patients presenting for cataract surgery evaluation

ARTICLE

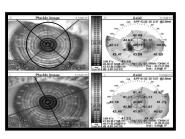
66.5 years ± 8.4 (SD). Abnormal osmolarity was found in 68 patients (56.7%), and abnormal MMP-9 in 76 patients (63.3%). Clinical findings showed that 47 patients (59.2%) had positive corneal staining on presentation, 9 patients (7.5%) had optimisal besement membrane dystrophy, and 2 patients (1.6%) had Satzmann nodules. Questionnaire data showed 54 (54.0%) of 00 patients reported symptoms suggestive of ocular surface dystanction. In the asymptomatic group of 48 patients, 39 (5%) had at least 1 abnormal reset (conclinity or MMP-9) and 22 (48%) had both tests abnormal. Overall, 96 (80%) of 120 patients had at least 1 abnormal tage test result suggestive of ocular surface (sytunction and 48 patients (40%) had 2 abnormal results.

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"Hot spots" and "Flat spots" are abnormal

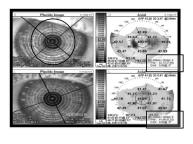


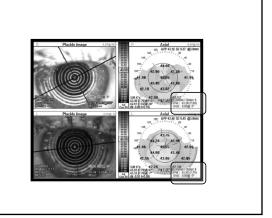
Irregularly shaped or smudgy placido disk is abnormal!



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Take a closer look if <u>average</u> K values are different





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REVIEW/UPDATE

An algorithm for the preoperative diagnosis and treatment of ocular surface disorders

Christopher E. Starr, MD, Preeya K. Gupta, MD, Marjan Farid, MD, Kenneth A. Beckman, MD, Clara C. Chan, MD, FRCSC, Elizabeth Yeu, MD, José A.P. Gomes, MD, PhD, Brandon D. Ayers, MD, John P. Berdahl, MD, Edward J. Holland, MD, Terry Kim, MD, Francis S. Mah, MD, the ASCRS Cornea Clinical Committee

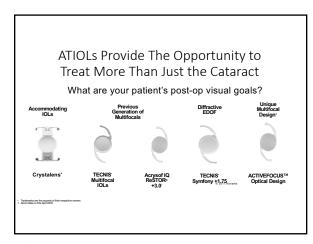
An algorithm for the preoperative diagnosis and treatment of ocular surface disorders Starr, Christopher E. et al. Journal of Cataract & Refractive Surgery, Volume 45, Issue 5, 669 – 684 2019 Premium IOLs: 5 Pearls ("P's") for Success

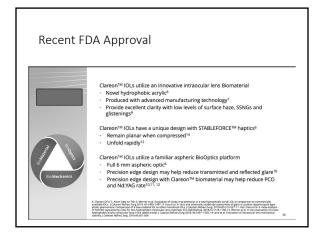
- 1. Plano Outcome
- 2. Proactive Tx of Ocular Surface Disease
- 3. Pre Op Counseling Setting Realistic Expectations
- 4. Properly Screen Candidates
- 5. Pick the Right IOL

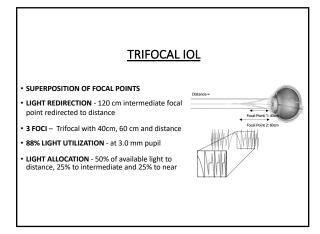
Other: 6. Pick the Right Surgeon

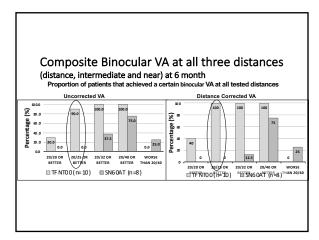
- 7. Posterior Capsular Opacification
- 8. Poor IOL Centration

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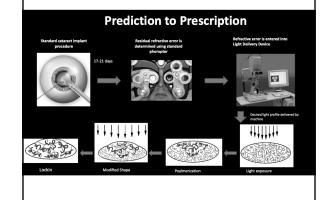
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Light Adjustable Lens (LAL)

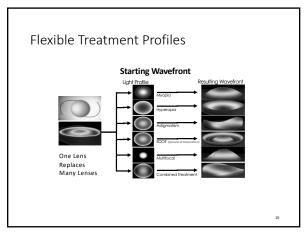
- FDA Approved 11/17 for pts with preexisting astigmatism of ≥0.75D undergoing cat sx
- Spherical and cylindrical errors up to 2D
- First and only lens designed to be adjusted after implantation by UV light
- 3 piece IOL design
- 6.0mm biconvex optic; 13.0mm overall length
- UV absorbing back layer: 50-100 μm







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LAL Will Expand Monovision Use

• Monovision used 3-4x more than PC-IOLs-

- Usual target: 0.75D-1.00D anisometropia
- W/ average 0.5D SD₂, hard to hit target If miss first eye, acuity degradation/ binocular fusion

• LAL will dramatically increases binocular

- **accuracy** Standard deviation reduced to 0.2D
- Patient ability to test-drive/adjust final outcome
 LASIK-like outcomes
- Creates new premium channel opportunity

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FDA Clinical Results

- •91.8% within 0.50 D of target manifest refraction spherical equivalent
- Results showed that 100% of study eyes had a best corrected visual acuity of 20/40 or better at the 6 month po visit.

What's Next in IOL Technology?

- Modular IOL Systems
- Accommodating
- Multifocal / trifocal
- Extended Depth of Focus





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Accommodating IOL – LensGen Juvene



**Not FDA Approved

- Modular, curvature-changing, fluid-optic IOL
- Two-part IOL Base and Modular
- Advantages
- Doesn't split light
- Up to 3D of continuous range vision
- No change in ELP
- No PCO up to 4 years
- Astigmatism?? Drug Delivery?? Exchangeable 2nd implant??

Accommodating IOL – Alcon FluidVision Lens

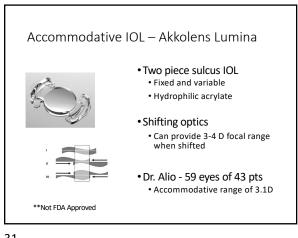


- Entire lens is hollow and filled with liquid silicone
- Fluid changes changes in optic
- Avg. accommodation range 2D
- Dr. Nichamin ESCRS 2018
 - 29 eyes
 - Distance 20/20
 - Intermediate 20/20-20/25
 - Near 20/22-20/27

**Not FDA Approved

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EDOF - Vivity IOL

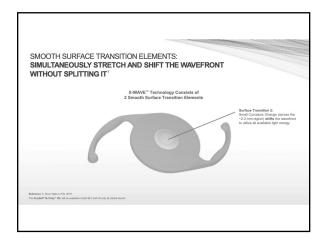
 Non-diffractive IOL

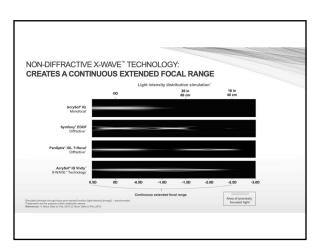
 Novel X-Wave shaping technology creates an extended focal range by stretching and shifting the wavefront

 Low incidence of visual disturbances

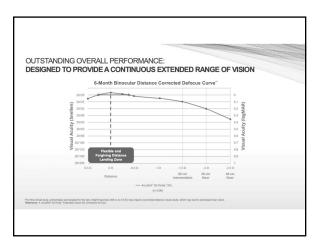
 Possible for AMD?? Glaucoma??

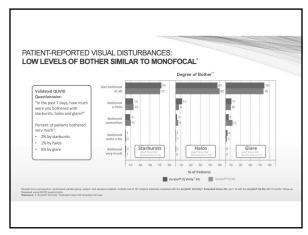
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Tecnis Eyhance

- First lens^[1] in the monofocal IOL category in Europe to deliver improved intermediate vision and 20/20* distance vision
- TECNIS Eyhance IOL offers the same wellestablished low incidence of halo, glare, or starburst as TECNIS® 1-piece IOLs
- FDA approved 2/2/21

Tecnis Synergy

- Gives broad range of continuous vision covering from distance to 33 cm**4-6
- Eliminates the visual gaps present in trifocal and other multifocal technology
- Continues to deliver superior performance in low-light conditions***2
- Violet-filtering technology demonstrates reduction in halo intensity for tasks like night driving⁷



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Trifocal IOL - PhysIOL

- Aspheric diffractive trifocal
- 2 diffractive structures that give +3.5D add for N and +1.75D for intermediate
- · Less glare and halos
- Designed to reduce the loss of light energy resulting from any diffractive system
- Diffractive anterior surface entirely convoluted
- · Height of the diffractive step varied
- Distributes light to near, intermediate and distant foci adjusted according to the pupil aperture



**Not FDA Approved

"Pinhole" IOL Design

- IOL Material
 - Single-piece hydrophobic acrylic
- - PVDF & nanoparticles of carbon
 - 1.36mm aperture
 - 3.23mm total diameter
 - 3200 microperforations
 - 5 microns thick



**Not FDA Approved

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H. B. Dick, PhD, MD T. Schultz, MD





University Eye Hospital, Bochum, Germany

Presbyopia Correction No Longer Only for the Perfect Cornea!









41 42

20/Unhappy Causes of unhappiness rd MA, Randleman JB, Stulting RD. Dissatisfaction after il intraocular lens implantation. *Journal of cataract and ref* 2009;35(6):992-997. doi:10.1016/j.jcrs.2009.01.031.

Neuroadaptation of Multifocal IOLS

- Patients' expectations of time frame needed to adapt needs to be managed
 - These patients require more counseling post-op
 - Neuroadaptation can take as long as 6-12 months
 - About 10% never neuroadapt (will need IOL exchange)
 - No way of testing before surgery which patients will be able to adapt vs not
- Multifocal IOLs will induce more aberrations than monofocal

Take away: no YLC to be performed until rule out that IOL exchange is necessary

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Refractive Enhancement: Laser Vision Correction (LVC)

- Timing is everything!
- Wait at least 2-3 months after cataract surgery for wounds and LRIs to settle
- Nd:YAG posterior capsulotomy <u>BEFORE</u> LVC • No YAG in multifocal IOL that was never happy



Managing the Unexpected Outcome: Have an Algorithm to Identify the Issue

- Develop communication with your staff regarding dissatisfied patients
 - Encourage clinic techs to communicate patient satisfaction to you
 - Have work-up done before you see the patient MRx BCVA/Topo/OCT/Ocular surface testing
 - Have a plan to fix the problem before you enter the room!

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Innovative Technologies in Refractive Surgery and Presbyopia

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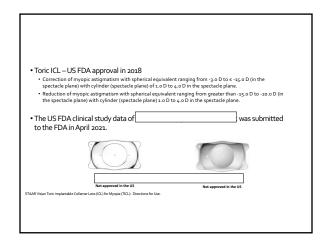
Large and Growing Global Myopia Market

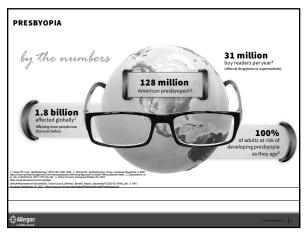
Ву 2050*....

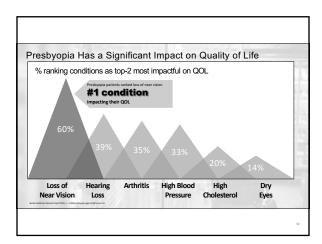
- Myopia is projected to affect almost half of the world's population
- 5 billion with myopia
- 1 billion with high myopia (>-6D)
- In the United States and Canada, myopia to increase to 260 million, or close to half of the population, up from 89 million in 2000

 *holden 8A, et al. Global Prevalence of Myopia and High Myopia and Temporal Trends from 2000 through 2050.
 Ophthalmology. 2016 May;123(5):1036-42.

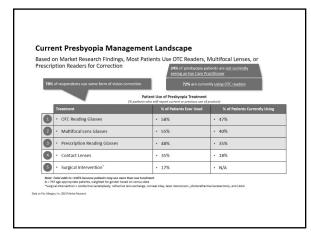


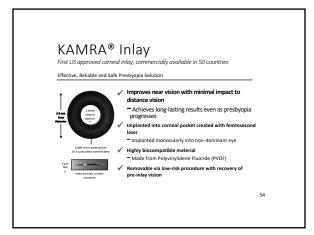




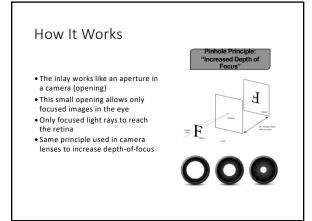


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Indications for Use

- Patient who is between 45 and 60 years old
- Cycloplegic refraction between +0.50 D and -0.75 D with less than or equal to 0.75 D of refractive cylinder
- Patient does not require glasses or contact lenses for clear distance vision
- Patient requires near correction of +1.00 D to +2.50 D of reading add

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Inlay Patient- Exclusion Criteria

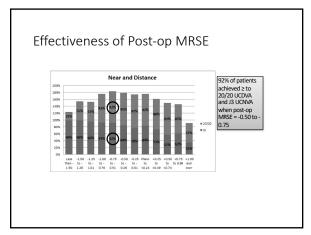
- Any ocular or systemic disease that is a contraindication for corneal refractive procedures including:
 - Keratoconus
 - Uncontrolled and/or severe dry eye
 - Cataracts
 - Macular degeneration
 - Corneal dystrophy or degeneration
 - Amblyopia or Strabismus
- Patients with unrealistic expectations
- Patients with psychological conditions

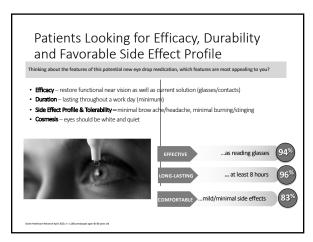
Post-op Exam

- Minimum follow-up:
 - 1 day
 - 1 week
 - 1, 3, 6 months
 - 1 year
- Patients should be seen more frequently if abnormal post-op findings are observed

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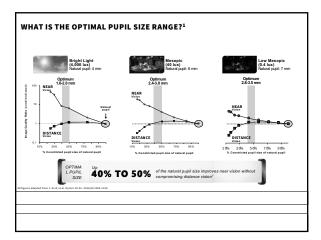
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U.S. Presbyopia Miotic Drop Landscape is Crowded in the Short-acting Space

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Which Patients May Be the Best Candidates for Miotic Drops?

- Emmetropes
- Least comfortable with vision correction surgery
- Post-LASIK emmetropes

 - Have already made significant investment to be glasses-free
 If LASIK was performed prior to wavefront-guided procedures and aspheric optical zones, pupil consticting drops may also help to address higher order aberrations, glare and halo
- Hyperopes
 Will improve vision at distance and near
- Pseudophakes
 Monofocal IOL patients may opt to use drops instead of readers
 - Premium IOL patients may want additional near vision than their IOL provided

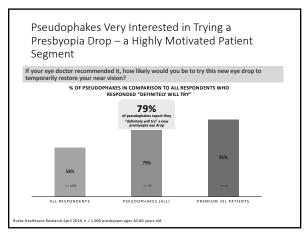
Contraindications

• High myopes

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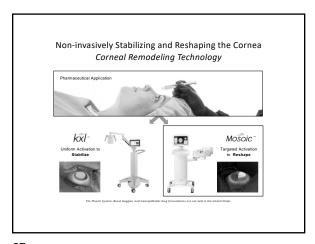
• Past history of retinal tears

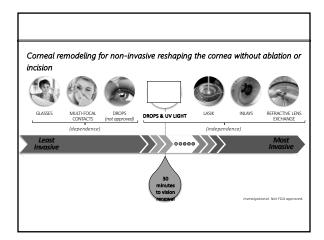
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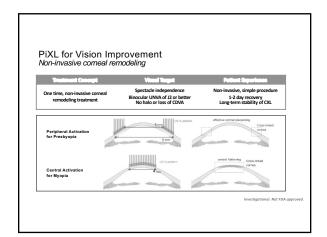


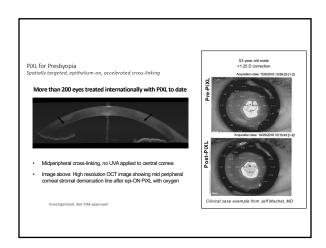
Presbyopia Prevention Drug? Anti lens disulfide crosslinking Improves natura lens elasticity Randomized phase 1/2 90 day treatment

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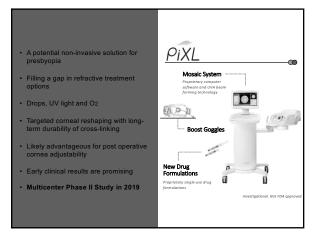


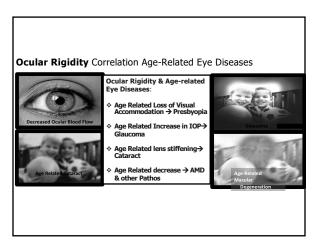




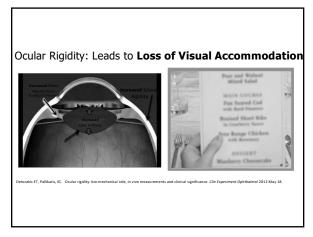


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Solution: Laser Scleral Microporation "Uncrosslinking" Scleral Microfibrils to Rejuvenate BioDynamics
Problem

1 Ocular/ Scleral rigidity
1 Efficiency Ciliary Muscle Forces
1 Lens shape changes during accommodation
1 Positive Spherical Aberration (SA)/undesirable monochromatic aberrations

Age Related Scleral Rigidity

LSM over Ciliary Muscle

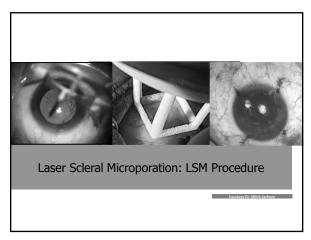
SM Solution

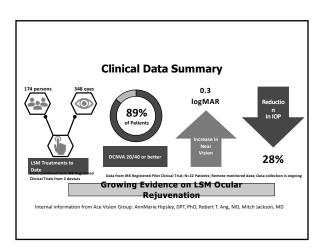
1 Scleral biomechanical Stiffness
1 Ciliary Muscle forces on the Lens
1 Positive Spherical Aberration SA/undesirable monochromatic aberrations

Age Related Scleral Rigidity

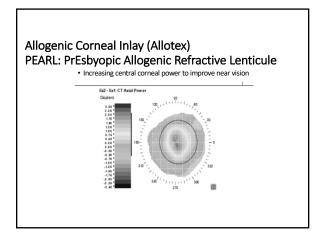
LSM Rejuvenation

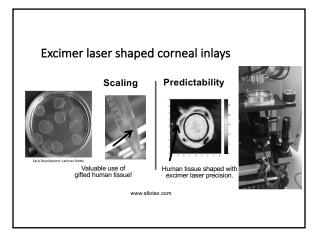
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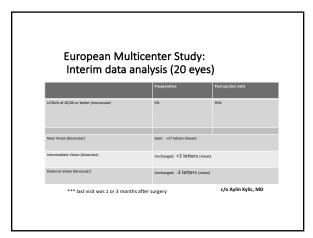


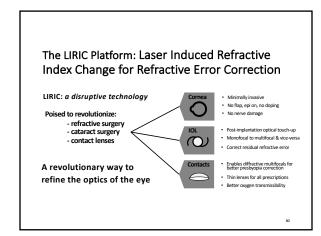
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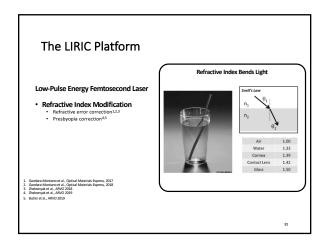


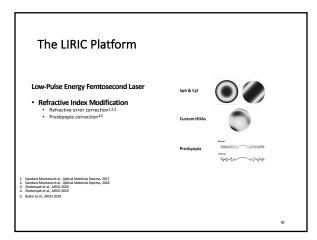


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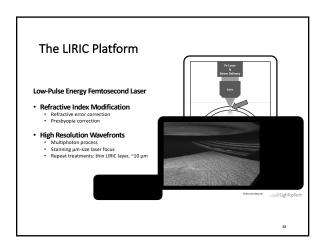


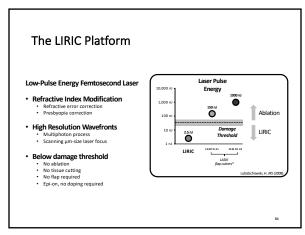




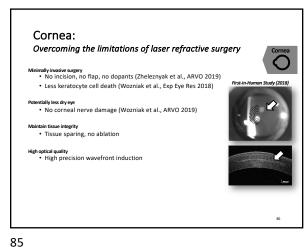


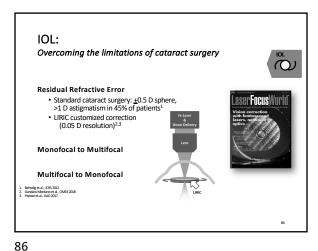
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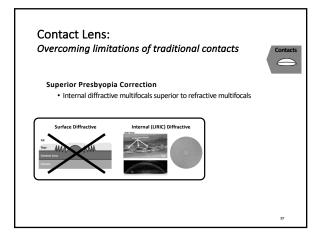


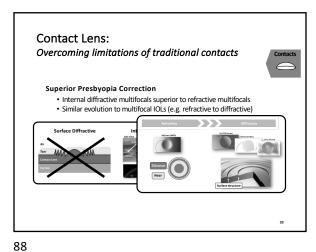


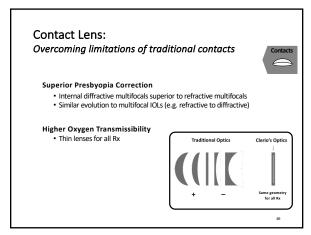
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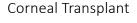
Updates on Modern Day **Corneal Surgery**

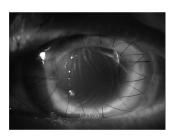
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Common Corneal Procedures

- Corneal crosslinking
- · Penetrating keratoplasty
- Descemet's stripping endothelial keratoplasty
- · Pterygium surgery
- Superficial keratectomy







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What to expect PK

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- Moderate to severe stromal/corneal edema
- AC 1-2+ cell and pigment
- · Poor vision and pain
- Week 1
 - Moderate corneal edema may still be present
 - Vision is improved but still moderately decreased
- AC some inflammation present (tr-1+ cell)
- Month 1
 - Most corneal edema should be resolved at this time
 - Refraction/Pachymetry/Atlas to monitor
 - AC is quiet
- Stabilization
- Select suture removal to decrease induced astigmatism

Complications of Penetrating Keratoplasty

- Long-term complications Glaucoma Microbial keratitis
- Suture-related problems
 Wound dehiscence
- Immunologic graft rejection
- Late endothelial failure
- Graft failure
- Refractive error, astigmatism





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Long-term maintenance

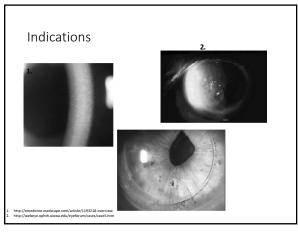
- Long term topical steroid to decrease rejection rate
- Some patients may require oral antivirals if corneal transplant is related to scaring from prior HSV
- Repeat PK may be needed after approximately 20 years

Descemet's Stripping Endothelial Keratoplasty (DSEK)

- Sutureless transplant of the posterior cornea
- Replaces diseased portion of cornea with donor graft
- Donor tissue obtained by
 - · Manual dissection
 - Microkeratome dissection
 - Femtosecond laser



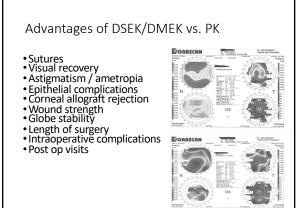
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DSEK/DSAEK Exclusion Criteria

• Exclusion
• Corneal scarring
• Aphakic
• Iris loss / atrophy

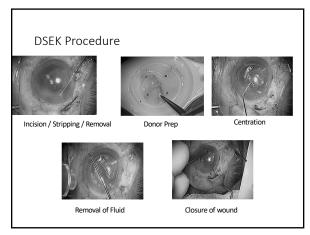
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DSEK, PK Yield Similar Graft Survival Price et al. Ophthalmology. 2011;118(4):725-729

- Retrospective, interventional case series
- DSEK graft survival rates
 - 95% for Fuchs
 - 76% for PBK/ABK
- PK graft survival rates
 - 93% for Fuchs
 - 73% for PBK/ABK
- Endothelial cell loss at 5 years
 - 53% in DSEK
 - 70% in PK

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DSEK Average Visual Recovery

1 Day: 20/400
1 Week: 20/70
1 Month: 20/40
3 Months: 20/30
6 Months: 20/25
1 Year: 20/25-20/20

Terry and Sharrie. Endothelial Keratoplasty. Retrieved from http://www.disk.dusk.com/fiseborocedure.htm on 6/20/08.

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DMEK

- · Graft of Descemet's membrane and endothelium
- Better optical outcome of 20/25 or 20/20
- Difficult to manipulate
- Early graft dislocation risk
- · Decreased risk of rejection

DSEK/DMEK Complications

- · Caused by any of the following
 - Graft-recipient interface
 - Fragile graft tissue
 - Graft location
 - Glaucoma
 - Infection
 - CME
 - Retinal detachment



Accessed from http://www.revoptom.com/content/d/technology/c/16179/

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Long-term Maintenance DMEK and DSEK

- Long term topical steroid
 - · Helps decrease rejection rate
 - Steroid Lotoprednol, prednisolone acetate, FML 1 gtt QD typically
- Unknown length of graft viability
 - No long term data since started approx 2003
 - In theory surpass PK ~20 years
- 5 year Graft survival similar at 93%1

Limbal Stem Cell Deficiency

- When limbal stem cells begin to struggle and poorly function, the epithelial cell layer and its reproduction becomes compromised
- Loss or deficiency of stem cells in the limbus which are vital for re-population of the corneal epithelium and to the barrier function of the limbus
- Once limbal stem cells are damaged the epithelium will be replaced by conjunctival goblet cells

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LSCD Causes

- Acquired
 - Trauma
 - Contact lenses
- Autoimmune
 - Sjogrens Syndrome
 - Stevens Johnson syndrome
- Inflammatory
 - DED
 - Allergy
 - Neurotrophic keratopathy
- - Mucous membrane
 - pemphigoid
- Congenital
- Aniridia
- Autoimmune Polyglandular Syndrome
- Keratitis, Icthyosis, and Deafness Syndrome

Signs and Symptoms

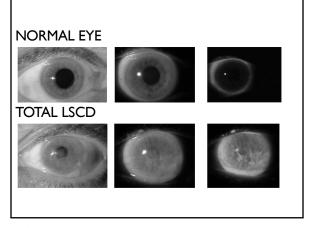
- Varying degree of ocular signs depending on severity and level of corneal conjunctivalization
- Symptoms
 - Decreased vision
 - Photophobia
 - Tearing
 - Blepharospasm
 - Recurrent pain



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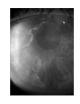
Severe LSCD

- Conjunctivalization
 - Corneal surface stains abnormally because the conjunctival epithelium is more permeable to the stain than true corneal epithelium
- More prone to recurrent or non-healing epithelial defects
- Stromal scarring or melting
 - Expect more pain and vision loss



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Conjunctivalization









Non-Surgical Treatment

- Remove traumatic or toxic insults that may be the
- Discontinue contact lens wear
 - Possible refit in scleral
 - Bandage CL?
- Discontinue or switch topical medications
 - Glaucoma medications
 - Preservative sensitivity

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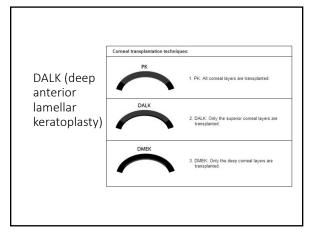
Non-Surgical Treatment

- Treating underlying systemic causes
 - Autoimmune control
- Improve tear film and control inflammation
 - Vitamin A ointment QHS
 - Topical steroids
 - Compounded Preservative Free option
 - Topical cyclosporine
 - Preservative free AT
 - Punctal Plugs

Non-Surgical Treatment

- Amniotic membrane
 - Dehydrated vs cryopreserved
- Amniotic membrane drops
 - Can be costly and not covered by insurance currently
- Serum Tears
 - Can be costly and inconvenient
- Cenegermin
 - Neurotrophic keratitis

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Pre/Post Example of Big Bubble DALK

Post-Operative Care

- Moxifloxacin QID OD x 1 week and Difluprednate starting at QID OD and tapered down to Loteprednol QHS OD for maintenance
- Several corneal sutures removed after 6-9 months
- Cataract extraction OD
- Final BCVA 20/25 OD

Pterygium

- "wing" like ocular surface lesion originating from limbal conjunctiva within the palpebral fissure progressing to the cornea
 - Nasal and temporal
- More common in people with history of increased UV exposure
 - Males>females
- Typically asymptomatic
 - Induced astigmatism

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Treatment

- Non Surgical
 - Treat the ocular inflammatory response
 - Cyclosporin
 - Lifitegrast
 - Topical steroids
 - Artificial tears
- Surgical
 - Encroaching on visual axis
 - Preparing for cataract surgery
 - Significant induced astigmatism

What to expect after Sx

- Day 1
 - Epithelial defect
 - Conjunctival injection, check wound site
- Week 1
 - Epithelial defect healed with haze
 - Conjunctiva check for secure would site
 Monitor for wound dehiscence
- Month 1
 - Haze resolution
 - Conjunctival stabilization

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Long term treatment

- Control UV exposure
- Control dryness and inflammation
 - Cyclosporine
 - Lifitigrast
 - Artificial tears
 - Topical steroids
 - Punctal plugs
- Will help to control reoccurrence

Lamellar keratoplasty

- Indications:
 - •ABMD
 - Salzmanns
 - Band Keratopathy
 - RCE
 - Corneal scars



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Lamellar Keratoplasty

- Corneal epithelium is removed down to Bowman's laver
- Can be performed in slit lamp or operating room using Weck-cel sponge or scarifier blade, and cleaned up with diamond burr
 - After removal surface is polished with cellulose sponge, antibiotics, and THBL placed



Long Term Treatment

- After lam K for RCE
 - Maintain THBL for 3 months
 - Oral Doxycycline
 - Topical Antibiotics
 - Topical Steroids
 - Vitamin C
- Control of ocular surface disease

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Comanagement Pearls

- Opportunity to provide cutting edge technology
- •Importance of your recommendation
- Patient education is critical!

Comanagement Pearls

- •Identify potential causes of surgical complications
- Educate your patients your role within medical eye care
- We are all judged by the visual outcomes our patients. Comfort and quality of vision is the key!

Thank you!!

Questions?

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