I CARE ABOUT THE VITREOUS AND YOU SHOULD, TOO

Leo Semes, OD, FAAO

GWCO 2022

A lie gets halfway around the world before the truth has a chance to get its pants on.

Sir Winston Churchill

AT THE CONCLUSION OF THIS COURSE, THE ATTENDEE SHOULD,

- Appreciate the volume and consequently the significance of the vitreous in the context of the globe.
- Understand the development of the vitreous and clinical observations related to developmental arrests.
- Understand the normal attachments between the vitreous and the retina and how abnormal attachments cause problems with the retina.
- Appreciate how to examine the vitreous clinically and what auxiliary imaging can add to the observations.
- $^{\circ}\,$ Appreciate the consistency of the vitreous especially with respect to #I. above.
- Realize that when vitreo-retinal abnormalities are present that posterior vitreous detachment is the "root of all evil."

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On Fri, Jan 10, 2020 at 11:17 PM wrote:

Hello Dr. Semes,

I read your article entitled "Carefully differentiate PVD from retinal breaks" - after scouring the internet for answers.

I am a 55 year old woman. On Friday, December 27 - I stepped out of the shower and suddenly saw a series of bright light flashes in my RIGHT eye - on the peripheral vision and a little on the top of the eye. I at first thought it was a migraine aura as I get them frequently -but it was subtly different and lasted longer - it was also only in one eye.

I went to the opthomologist - he could not dilate my eyes for fear of a reaction-but he examined them well and used a camera to take pictures of the retina. He said it looked okay from what he could see - and diagnosed it as a PVD. He said it was generally benian but to call him of I had a sudden black curtain over my eye - or a shower of tiny floaters.

Leo Semes, OD, FAAO

• Consultant - Apellis
FINANCIAL
• Speaker Bureau, Cor

DISCLOSURES

- Speaker Bureau, Consultant Regeneron, OptoMed
- Scientific Advisory Board (Consultant) EyePromise
- Stock options EyePromise (< 0.01% ownership)

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THE PERSONAL

- March 25, 2009, ~ 4:00 PM
- · Sudden onset of circular floater, OD

One week later I was seen by a Retina specialist - who used an even more advanced camera to look at the eye. He saw 80% of the eye he said and did see the detachment but nothing else alarming. <u>Again - I was not dilated.</u> My symptoms were intermittent by this time - seeing the occasional floater or squiggly line in my peripheral vision.

My overall vision is fine - it registered as 20/20. A few days later I rubbed my eye accidentally while working on the computer - I was terrified that I had detached my retina doing so. I did see some extra floaters after it happened. I saw the doctor again - they again photographed my eye very extensively - and since I had no blackness - was told I was okay. And that rubbing my eye might have "disturbed" the gel a little but would most likely not detach or tear the retina.

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It has now been 2 weeks. I still see some misc. floaters and snuggles and cloudy spots - which I can blink and they move away. I am not bothered by them really.

<u>BUT - I am living in total terror that something will happen -</u> I don't know how long I should be on high alert. I keep reading different things on the internet!

Could you please tell me - how long am I in danger for? Could rubbing my eye accidentally have done something bad? I work on a computer all day. Can that hurt me?? Also, my eye is often achey -but I keep reading it should be

painless.

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The doctors I've seen have not been helpful in talking to me - they just do a lot of looking and taking pictures - but no one is really explaining this to me.

I will happily pay you for this as a consultation - so please know that is fine with me and that I value your time.

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Polling Question #1

I WOULD HAVE HANDLED THIS
PATIENT AS THE ATTENDING
OPTOMETRIST DIFFERENTLY IN
WHICH OF THE FOLLOWING WAYS?

- Performed dilated fundus examination at the initial presentation
- Shared my findings / diagnosis with the
- Ordered Fundus OCT
- All of the above

VITREOUS LIQUEFACTION AND SUBSEQUENT SYNCHESIS SENILIS Icn = Iacunae (lakes) Vitreoretinal disorders: Diagnosis and management. Felipe I. Tolentino, Charles L. Schepens, H. Mackenzie Freeman. Saunders, 1976

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HOW WOULD YOU RESPOND?

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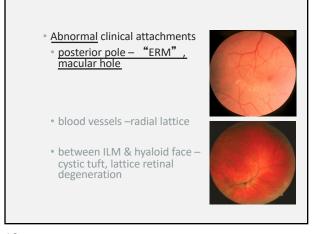
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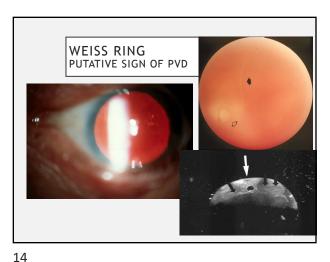
THE CLINICAL

- Posterior vitreous detachment
- consequences
- "resolution" options

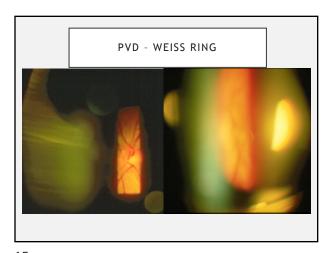
PVD W/ CONTINUED MACULAR ATTACHMENT

Vitreoretinal disorders: Diagnosis and management. Felipe I. Tolentino, Charles L. Schepens, H. Mackenzie Freeman. Saunders. 1976





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And this just in . . .

Journal Pre-proof
The Weiss ring, a major confounding factor for measurements of peripapillary retinal nerve fiber layer thickness
PII: \$0002-9394(22)00003-4

DOI: https://doi.org/10.1016/j.ajo.2022.01.001

To appear in: American Journal of Ophthalmology

Accepted date: January 1, 2022

Highlights

Eyes with a Weiss ring showed thinner mean and inferior pRNFL thicknesses than normal controls, which could be a major confounding factor for analyses of pRNFL changes, especially in glaucoma patients.

15 16



CLINICAL MANAGEMENT OF PVD

- Stereoscopic examination for complications (breaks, blood)
- 95% of PVD are uncomplicated!!!
- 50% of patients w/ acute PVD are asymptomatic

17 18

CLINICAL MANAGEMENT OF PVD

 Patient education (S & R of RD) and reassurance

Follow-up < / = 6 weeks

AAO PPP for PVD, retinal breaks & LRD (November 2019) TABLE 3 RECOMMENDED GUIDELINES FOR FOLLOW-UP Symptomatic PVD with no retinal break Depending on symptoms, risk factors, and clinical findings, patients may be followed within 2 months, then 6-12 months Symptomatic PVD with no retinal break but with Depending on the severity of the retinal hemorrhage, 1-2 weeks some vitreous or retinal hemorrhage For vitreous hemorrhage, weekly until resolved. Ultrasonography to check for retinal tears

19 20

News from the Wills!

- ❖ N= 7999 eyes with acute PVD,

 - ➤ 499 (6.2%) showed an RD on presentation.
- ❖ Delayed retinal breaks and RDs were found in 209 (2.6%) and 80 (1.0%) eyes, respectively.
 - Of delayed breaks, 116 (55.5%) were found in 6 weeks or less and 93 (44.5%) were found more than 6 weeks after presentation.
 - Of delayed RDs, 26 (32.5%) were found in 6 weeks or less and 54 (67.5%) were found more than 6 weeks after presentation.

Delayed Retinal Breaks and Detachments after Acute Posterior Vitreous Detachment. Ophthalmology, 2019 Oct 23. pii: S0161-6420(19)32177-3. doi: 10.1016/j.ophtha.2019.10.020. [Epub ahead of print]

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2021 Jul 27

Complications of Acute Posterior Vitreous Detachment

Michael I. Seider, MD, 1,2 Carol Conell, PhD, 3 Ronald B. Melles, MD

Purpose: To evaluate the risk factors for retinal tear (RT) or rhegmatogenous retinal detachment (RRD) associated with acute, symptomatic posterior vireous oetacriment (PVD) in a rarge comprehensive eye care setting.

Design: Retrospective cohort study.

Design: recologische Colorisation:
Participants: A total of 8305 adult patients in the Kaiser Permanente Northern California Healthcare System
(KPNC) during calendar year 2018 who met inclusion criteria.

Methods: The KPNC electronic medical record was queried to capture acute, symptomatic PVD events.

Each chart was reviewed to confirm diagnoses and capture specific data elements from the patient history and

Risk factors for retinal tear RT) or rhegmatogenous retinal detachment RRD) among 8305 patients in

2018 with acute symptomatic PVD

News from the Wills!

- Compared with the reference group,
 vitreous hemorrhage (hazard ratio, 2.53 [P < 0.001] and 2.80
 - male gender (hazard ratio, 1.36 [P = 0.03] and 1.87 [P = 0.02]) were risk factors for delayed retinal breaks and RDs,
 - Pseudophakia (hazard ratio, 2.10; P = 0.004) was also a risk factor for delayed RD;
 - older age (odds ratio, 0.96; P = 0.01) was slightly protective. Vitreous hemorrhage was a risk factor for
 - earlier retinal breaks (≤6 weeks vs. >6 weeks; odds ratio, 3.58; P < 0.001).

JH, Obeid A, Wibbelsman TD

layed Retinal Breaks and Detachments after Acute Posterior Vitreous Detachment. hthalmology, 2019 Oct 23. pii: 50161-6420(19)32177-3. doi: 10.1016/j.ophtha.2019.10.020. [Epub ead of print]

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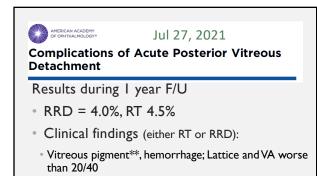
Jul 27, 2021

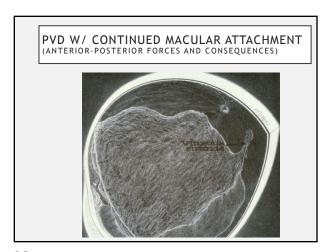
Complications of Acute Posterior Vitreous Detachment

Results during I year F/U

- RRD = 4.0%, RT 4.5%
- Symptoms, History (either RT or RRD):
- Blurred vision Prior Keratorefractive Sx
- Male sex Prior cataract Sx
- Age > 60* Flashes/floaters (mildly predictive!)

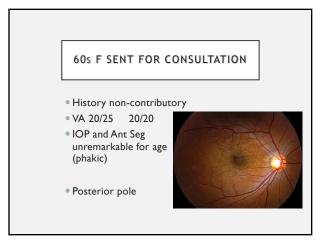
*myopic patients were younger





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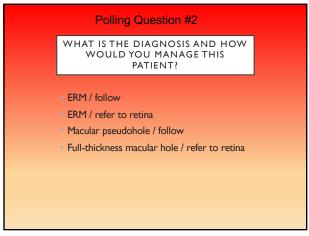
• Late [> 4 days following initial presentation] RT or RRD occurred in 12.4% with VH, LRD, prior HX RT, RRD

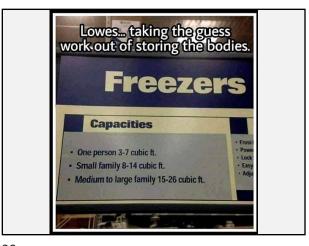


HIGH-DEFINITION IMAGE SHOWS
INTACT/CONTINUOUS OUTER RETINA AND
PHOTORECEPTOR LAYER
(AND PROLIFERATIVE THICKENING BENEATH ILM)

Signal Simple 1971 Separting 9.75 mm. Lumph 6 mm.

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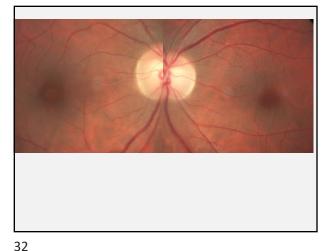


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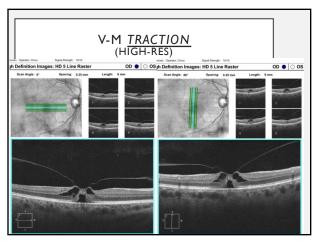
51 WF WITH DISTORTED VA X 3 DAYS

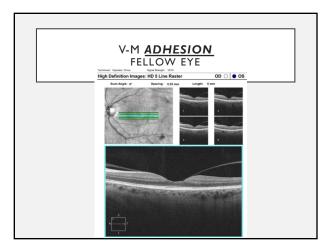
•20/60 OD, 20/25 OS

•Non-contributory histories . . .

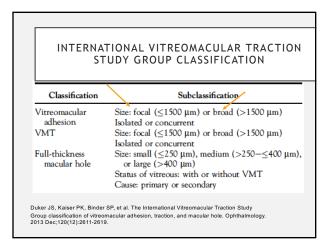


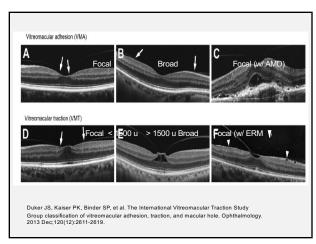
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Table Z. Correlation between Commonly Used Clinical Macular Hole Stages and the International Vitreomacular Traction Study Classification System for Vitreomacular Adhesion, Traction, and Macular Hole

Full-Thickness Macular Hole Stages in Common Use

International Vitreomacular Traction Study Classification System

Stage 0

VMA

Stage 1: impending macular hole

VMT

Stage 2: small hole

Small or medium FTMH with VMT

Stage 3: large hole

Medium or large FTMH with VMT

Stage 4: FTMH with PVD

Small, medium, or large FTMH without VMT

FTMH = full-thickness macular hole; PVD = posterior vitreous detachment; VMA = vitreomacular adhesion; VMT = vitreomacular traction.

Duker JS, Kaiser PK, Binder SP, et al. The International Vitreomacular Traction Study

Group classification of vitreomacular adhesion, traction, and macular hole. Ophthalmology.

2013 Dec; 120(12):2611-2619.

Polling Question #3

WHAT IS THE DIFFERENCE BETWEEN VMT AND VMA?

Size of vitreo-macular attachment
Status of macular anatomy
VA (better with VMA)
VA (better with VMT)

37 38

NATURAL COURSE OF <u>VMT</u>

• 11% of 53 patients developed spontaneous PVD (& release of traction) at 60 months F/U

Hikichi T, Yoshida A, Akiba J, Trempe CL. Natural outcomes of stage 1, 2, 3, and 4 idiopathic macular holes. *Br J Ophthalmol*. 1995;79(6): 517–520.

 32% of 106 symptomatic patients had spontaneous PVD at 23 months F/U

John VJ, Flynn HW Jr, Smiddy WE, et al. Clinical course of vitreomacular adhesion managed by initial observation. *Retina*. 2014 March;34(3):442–446.

ORIGINAL ARTICLE

Enzymatic Vitreolysis with Ocriplasmin for Vitreomacular Traction and Macular Holes

Peter Stalmans, M.D., Ph.D., Matthew S. Benz, M.D., Arnd Gandorfer, M.D., Anselm Kampik, M.D., Aniz Girach, M.D., Stephen Pakola, M.D., and Julia A. Haller, M.D., for the MIVI-TRUST Study Group*

41 42

Ocriplasmin: -1-Study 006 -1-Study 007 -1-St

OCRIPLASMIN FOR MVT
(JETREA™)

• More recent data, from Europe, suggests that up to a year may be needed to see resolution (spontaneous <u>and</u> treated).

Stefanin FR, Maia M, Falabella P, et al. Profile of ocriplasmin and its potential in the treatment of vitroomacular adhesion. Clin Ophthalmol. 2014 May 6;8:847-56. doi: 10.2147/OPTH.S32274. eCollection 2014.

43 44

WHO IS THE BEST CANDIDATE FOR OCRIPLASMIN?

Table 2 Proposed indication for ocriplasmin

Best candidates for ocriplasmin injection Phakic eyes Age ≤65 years No previous surgeries No diabetic retinopathy No ERM VMA < 1,500 μm No macular pucker FTMH <250 μm Relative Indications: FTMH >250 μm but <400 μm Specific OCT characteristics (small area of adhesion, "V-shaped" VMT with wide angles) Abbreviations: ERM, epiretinal membrane; FTMH, full-thickness macular hole: OCT. optical coherence tomography; VMA, vitreomacular adhesion; VMT, vitreo-

Prospero Ponce CM, Stevenson W, Gelman R, Agarwal DR, Christoforidis JB. Ocriplasmin: who is the best candidate? Clin Ophthalmol. 2016 Mar 17;10:485-95. doi: 10.2147/OPTH.S97947.

45 46

THE VAST STUDY GROUP

Appendix I. The VAST Study Group
Ken Wals, MD: Aran Eye Associates; Mike
Tolentino, MD: Center for Retina and Macular
Diseases: Charlie Ficco. OD and Kirk Smik, OD:
Clayton Eye Center; Marisa Perez, OD: Front
Range Eye Associates; Jeffry Gerson, OD: Grin
Eye Care: Aaron Gold, OD and Tim Murray, MD:
Murray Ocular Oncology and Retina; William
Jones, OD: New Mexico Eyecare; Melanie Crandall, OD, Marlon Demerit, OD, May Jarkas, OD, dall, OD, Marlon Demeritt, OD, May Jarkas, OD, Rim Makhlouf, OD, Sherrol Reynolds, OD, Julie Tyler, OD, and Lori Vollmer, OD: Nova Southeastern University, College of Optometry: Larry Alexander College of Optometry: Larry Alexander College of Optometry: Day Haynie, OD: Retina and Macula Specialists; Gary Sheinbaum, MD, Jay Levy, MD, and Wilfredo Lara, MD: Retina Macula Specialists of Miami: Jack Schaeffer, OD and Mark Schaeffer, OD: Schaeffer Eye Center; Mare Bloomenstein, OD: Schwartz Laser Eye Center; Steven Ferrucci, OD: Schulpteda VAMC; Paul Chous, OD: Suburban Opticians; and Leo Semes, OD: University of Alabama Birmingham, College of Optometry.

Vitreomacular <u>a</u>dhesion study

47

VMA/VMT No VMA/VMT in 777 eyes in 1173 eyes (40%) (60%) 1 VMT in 21 eye (3%) VMA<1500 VMA>1500 in 560 eves in 196 eye (25%) (72%) 48

VMA CHARACTERISTICS (VAST STUDY)

Summary Conclusions. (1475 eyes of 760 patients)

- Vitreomacular adhesion was present in 40.6% of eyes.
- VMA was most prevalent in the 50-59 age group (35.56%).
- VMA was present in only 3.34% of 80-95 Yrs.
- Prevalence of VMA was associated with ethnicity,
 - AA less likely to have VMA than Caucasians (p=0.0094).
- Neither myopic or hyperopic (p=0.2819) refractive error nor gender (p=0.145) seemed to play a significant role in the prevalence of VMA.

Rodman, J. Schechtman D. Haynie J. Alexander L. Semes, L. Jones W. Ferrucci S, Bittner A. The Prevalence of Vitreomacular Adhesion in Patients 40 Years and Older-VAST Study. ARVO abstract 2014

DECEMBER 26, 2019 Widefield imaging S/P blunt trauma x 50 years; Followed for cryo'ed peripheral retinal hole (X 40 floaters

PREVALENCE OF VITREOMACULAR ADHESION IN PATIENTS WITHOUT

JULIE A. RODMAN, OD, MS,* DIANA SHECHTMAN, OD,* BRAD M. SUTTON, OD,† JOSEPH J. PIZZIMENTI, OD,‡ AVA K. BITTNER, OD, PhD* VAST STUDY GROUP

VMA and VMT (w/o macular disease)

40-89 from 14 centers)

VMT/VMA

· Determine prevalence and influencing factors for

Review OCT X-sectional scans of 1950 eyes (ages

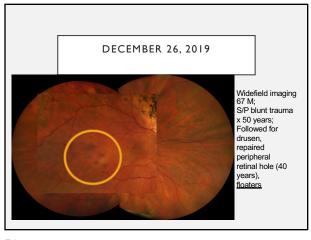
 All interpreters(readers) were masked to the clinical findings and classified presence or absence of

RESULTS

1950 eyes from 1090 patients

MACULOPATHY OLDER THAN 40 YEARS

49 50



FLOATER VITREOLYSIS OUTCOMES

- 52 patients with symptomatic Weiss-ring floater (>/=
- > 3mm from retina surface and >5 mm from posterior lens
- Mean age 61; 75% phakic

52

Randomized 2:1 single YAG session or Sham

Shah CP. A clinical trial of YAG vitreolysis by retina specialists. Retina Today 2018, February.

51

FLOATER VITREOLYSIS OUTCOMES (@ 6-MONTH FOLLOW UP)

- Adverse events
- No RD, retinal tear or IOP elevation
- I IOL experienced pitting peripherally
- Subjective Improvement
- 54% Treatment group; 9% Sham-group
- Objective improvement
- 94% Treatment group; 0% Sham-group
- VFQ-25: better central and peripheral vision but no change in either

Shah CP. A clinical trial of YAG vitreolysis by retina specialists. Retina Today 2018,

ADDITIONAL FLOATER **ERADICATION OPTION**

Vitrectomy*

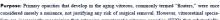
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Vitreous Opacity Vitrectomy (VOV): Safest Possible Removal of "Floaters"

Robert E Morris (6)1.2

¹Helen Keller Foundation for Research and Education, Birmingham, Alabama, USA; ²Retina Specialists of Alabama, LLC, Birmingham, Alabama, USA

Correspondence: Robert E Morris, Helen Keller Foundation for Research and Education, 2208 University Boulevard, Suite 101, Birmingham, Alabama, 35233, USA, Tel +1 205 936-0704, Fax +1 205 558-2567, Email morris@meyes.com



Purpose: Primary opacities that develop in the aging viteous, commonly termed "floaters," were once considered merely a muisance, not justifying any risk of surgical removal. However, viteocetinal special into the control of the co

Patients and Methods: The safest possible removal of extensive SVO as described herein was attained by an operation specifically Patients and Methods: The safest possible removal of extensive SVO as described herein was attained by an operation specifically designed for DVS treatment (vitescon opacity vinesconar, VOV), rather than as only a meass of achieving unbosquent retinal surgery in the same procedure, as is usually the case. We retrospectively reviewed the outcomes of 100 consecutive VOV operations (in 81 patients, average age 66) performed with ultra-high speed, 27-gauge vintectomy probes.

Resulter, All eyes rapidly achieved continuously clear vision, and no eye developed a clinically significant complication during a year of follow-up. Three small, existent retinal breaks were discovered prior to persipheral vintectomy and one apparently introgenic retinal tear was found at VOV completion, when each was treated. In the eyes that were not pusedophasic, postoperative molers scleosus progression was successfully managed by subsequent cataract extraction.

Conclusion: The goals of VOV for PDS are to safety restore continuously clear vision by performing tracticuless virteous removal with respect to the retina and to reduce the lifetime risk of retinal detachment, both by such virteous removal and by microscopic examination of the perspheral retinat under anothesis (AEPERAL), guiding appropriate prophylacir retinopexy. The otherwise healthy DNS eyes so teated warrant this specific form of vitrectomy, continually focused on achieving least possible risk, to maintain an acceptable risk/benefit ratio

Vitreous Opacity Vitrectomy (VOV): Safest Possible Removal of "Floaters"

Robert F Morris 1,2 ¹Helen Keller Foundation for Research LLC, Birmingham, Alabama, USA

Correspondence: Robert E Morris, Helen Keller Foundation for Research and Education, 2208 University Bostevard, Suite 101, Berniegham, Alabama, 35233, USA, Tel +1 205 936-0704, Fax +1 205 558-2567, Email morris@Empreys.com

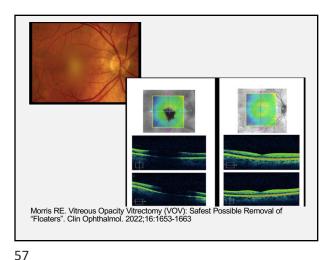


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- 81 eyes with VOV (vitreous opacity vitrectomy) patients (Age >65).
- · Procedure: 27-gauge vitrectomy probes.
- · All had symptomatic vitreous opacities (interfering with ADL).
- · All eyes achieved clearer vision and no complications were noted at one year.
 - phakic patients developed NS three retinal breaks were observed and treated

Morris RE. Vitreous Opacity Vitrectomy (VOV): Safest Possible Removal of "Floaters". Clin Ophthalmol. 2022;16:1653-1663

56 55



THE BRIGHT SIDE OF PVD

Attached vitreous may be a risk for

sustained/progressing DME.

Jackson TL, Nicod E, Angelis A, et al. Vitreous attachment in age-related macular degeneration, diabetic macular edema, and retinal vein occlusion: a systematic review and metaanalysis. *Retina*. 2013;33(6): 1099–1108

Attached vitreous may be a risk for progressing AMD ('Wet" & "Dry")

Ondeş F, Yilmaz G, Acar MA, Unlü N, Kocaoğlan H, Arsan AK. Role of the vitreous in age-related macular degeneration. *Jpn J Ophthalmol.* 2000;44(1):91–93.

Mojana F, Cheng L, Bartsch DU, et al. The role of abnormal vitreomacular adhesion in age-related macular degeneration: spectral optical coherence tomography and surgical results. *Am J Ophthalmol.* 2008;146(2):218–227.

Schulze S, Hoerle S, Mennel S, Kroll P. Vitreomacular traction and exudative age-related macular degeneration. *Acta Ophthalmol.* 2008;86(5):470–481.

THE BRIGHT SIDE OF PVD

Attached vitreous is a well known risk for progression of PDR.

Akiba J, Arzabe CW, Trempe CL. Posterior vitreous detachment and neovascularization in diabetic retinopathy. *Ophthalmology*. 1990;97(7):

And, detached vitreous may offer a more favorable prognosis in the complication of ME

Secondary to CRVO

Avunduk AM, Cetinkaya K, Kapicioglu Z, Kaya C. The effect of posterior vitreous detachment on the prognosis of branch retinal vein occlusion. Acta Ophthalmol Scand. 1997;75(4):441–442.

Hikichi T, Konno S, Trempe CL. Role of the vitreous in central retinal vein occlusion. Retina. 1995;15(1):29–33.

Chen W, Mo W, Sun K, Huang X, Zhang YL. Song HY. Microplasmin degrades fibronectin and laminin at vitreoretinal interface and outer retinal during enzymatic vitreoretinal vitre (PMP. Res. 2009;34(12)).

retina during enzymatic vitrectomy. Curr Eye Res. 2009;34(12):

59

FINAL THOUGHTS...

Always assess and document the status of the vitreous (i.e, "attached or detached"; "clear or cloudy")

Examine the retina in profile.

Consider OCT/Ultrasound to help resolve clinical conundrums

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